



My Career Action Plan (Year 8)

My Career Action Plan helps me focus on my goals and plans for the future. It will help me to work out what I want to achieve and how I can go about realising these goals.

Who am I?

Name: _____

Date: _____

My top 3 skills:
My 3 important values:
My best subject/s:
My proudest achievement:
My 2 favourite leisure activities:
My family responsibilities:

Where am I now?

Which goals did I achieve last year?

☛ HINT – Be positive. Give yourself a pat on the back for achieving even parts of a goal or for achievements that were not planned.

What have I learnt about me?

☛ HINT – Be positive and in a few words describe you e.g. confident. You can ask a friend, family member or teacher to help.

My future plans

What are my current goals?

☛ HINT – Your goals can be career focused, or include other aspects of your life that may affect your career e.g. school or family. Make sure you can Measure, Achieve, Time, and Evaluate your goals.

What is my target date for each goal?

☛ HINT – You may want to have short, medium and long-term goals. Set realistic target dates. Make sure you give enough time to change your mind.

What are the benefits of achieving my goals?

☛ HINT – Consider such things as future choices and self development e.g. meeting deadlines

Who can help me with my goals?

☛ HINT – Think strategically. Use your family, friends, teachers and networks you trust to support you.

My Review

Date:

Which goals have I achieved at this stage?

☛ HINT – Review your plan regularly and as you reach your goals, set new ones.

	Date achieved

Give 3 positive words that describe you: e.g. proud, loyal, happy.

Which goals do I need to work at achieving?

Resources to help me

What new goals do I want to achieve?

What is my target date for each goal?
