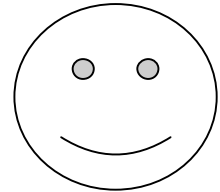




# My Career Action Plan (Year 7)

My Career Action Plan helps me focus on my goals and plans for the future. It will help me to work out what I want to achieve and how I can go about realising these goals.

My plan helps me to think about any changes I may want to make.



## Who am I?

Name:

Date:

My top 3 skills:

My 3 important values:

My proudest achievement:

Family responsibilities:

Which subjects am I studying?	What extra activities am I involved in?	
	At School	Outside school

## My future

### What are my current goals?

☛ HINT – Your goals can be career focused, or include other aspects of your life that may affect your career e.g. school work or family. Make sure you can tell if you have achieved your goals. Sometime small goals are a good start.


### What is my target date for each goal?

☛ HINT – You may want to have short, medium and long-term goals. Set realistic target dates. Make sure you give enough time to change your mind.


### What are the benefits of achieving my goals?

☛ HINT – Consider such things as future choices and self development.


### Who can help me with my goals?

☛ HINT – Think strategically. Use your family, friends, teachers and networks you trust to support you.


## My Review

Date:

Which goals have I achieved at this stage?

☛ HINT – Review your plan regularly and as you reach your goals, set new ones. How does it feel to have success?

	Date achieved

Which goals do I need to work at achieving?


Resources to help me


What new goals do I want to achieve?


What is my target date for each goal?
